



### **Starters**

***Soup of the Day (1,7,10,12) €8.00***

*Made With Fresh Market Vegetables, Served with our Home-Made Brown Bread*

***Seafood Chowder (1,4,7,10,12) €10.95***

*Fresh & Smoked Seafood in a Cream Velouté, With Homemade Brown Bread*

***Crispy Shredded Chicken Tacos (1,3,6,7,9,12) €12.95***

*Crisp Lettuce, Salsa, Guacamole & Siracha Sauce, Grated Cheese*

***Atlantic Fish Cakes (1,2,3,7,9) € 13.50***

*Crisp Shredded Leaves, Red Onion, Tomato, House Dressing, Rich Mari rose Sauce*

***Chicken and Bacon Caesar Salad (1,3,7,9) €12.95***

*Baby Gem Leaves, Chicken, Bacon, Herb Croutons, Caesar Dressing,  
Topped with Parmesan Cheese*

***Pan Fried Garlic Prawns & Mushrooms (1,2,3,4,6,7) €13.95***

*Balsamic Glaze, Toasted Garlic Bread*

### **Main**

***Oriental Style Chicken Curry (1,7,9,10,12) €21.95***

*Marinated Spiced Chicken & Veg, Cooked in a Spiced Curry Sauce, Savoury Rice*

***Atlantic Fish 'N' Chips (1,3,4,7,9) €21.95***

*Fresh Cod in a Seasoned Crumb, With Mushy Peas, Fries & Tartare Sauce*

***Atlantic Burger of The Day (1,3,7,9,12) €22.95***

*Served with Salad and Fries*

***Traditional Stew of The Day (6,9,12) €21.95***

*Served With Creamy Mash Potato*

***Asian Style Chicken Stir-fry €19.95 Add Prawns €21.95 (1,2,6,9,12)***

*In a Sweet Chilli and Soya Glaze, Served with Savoury Rice, **Chicken & Prawns €23.95***

***Spinach & Ricotta Tortellini Pasta €18.95 (1,3,7,9)***

*Tossed In a Roasted Tomato Cream Sauce, Parmesan Shavings, Garlic Bread*

***Homemade Fish Pie (3,4,7,12) €21.95***

*Topped With Creamy Mash & Irish Cheddar*

***Atlantic Steak of The Day (3,6,7,9)***

*Cooked To Your Liking, Served with Sauteed Onions & Mushrooms,  
Onion Rings, Salad and Fries*

***There Is a Charge of €2.00 for Half & Half***

*Please Allow Time for Mains / Bills May Not Be Split  
Please Advise Staff of any Allergies*

## **Dessert Menu €9.50**

### ***Homemade Cheesecake of the Day (1,3,7)***

*With Cream and Ice Cream*

### ***Eton Mess (3,7) (GF)***

*Strawberry, Meringue, Wild Berry Coulis and Ice Cream*

### ***Warm Apple Pie (1,3,7)***

*Vanilla Custard, Cream and Ice Cream*

### ***Warm Chocolate Brownie (1,3,7,8)***

*Homemade Chocolate Brownie Slice*

*With Ice Cream and Chocolate Sauce*

### ***Chefs Dessert of the Day***